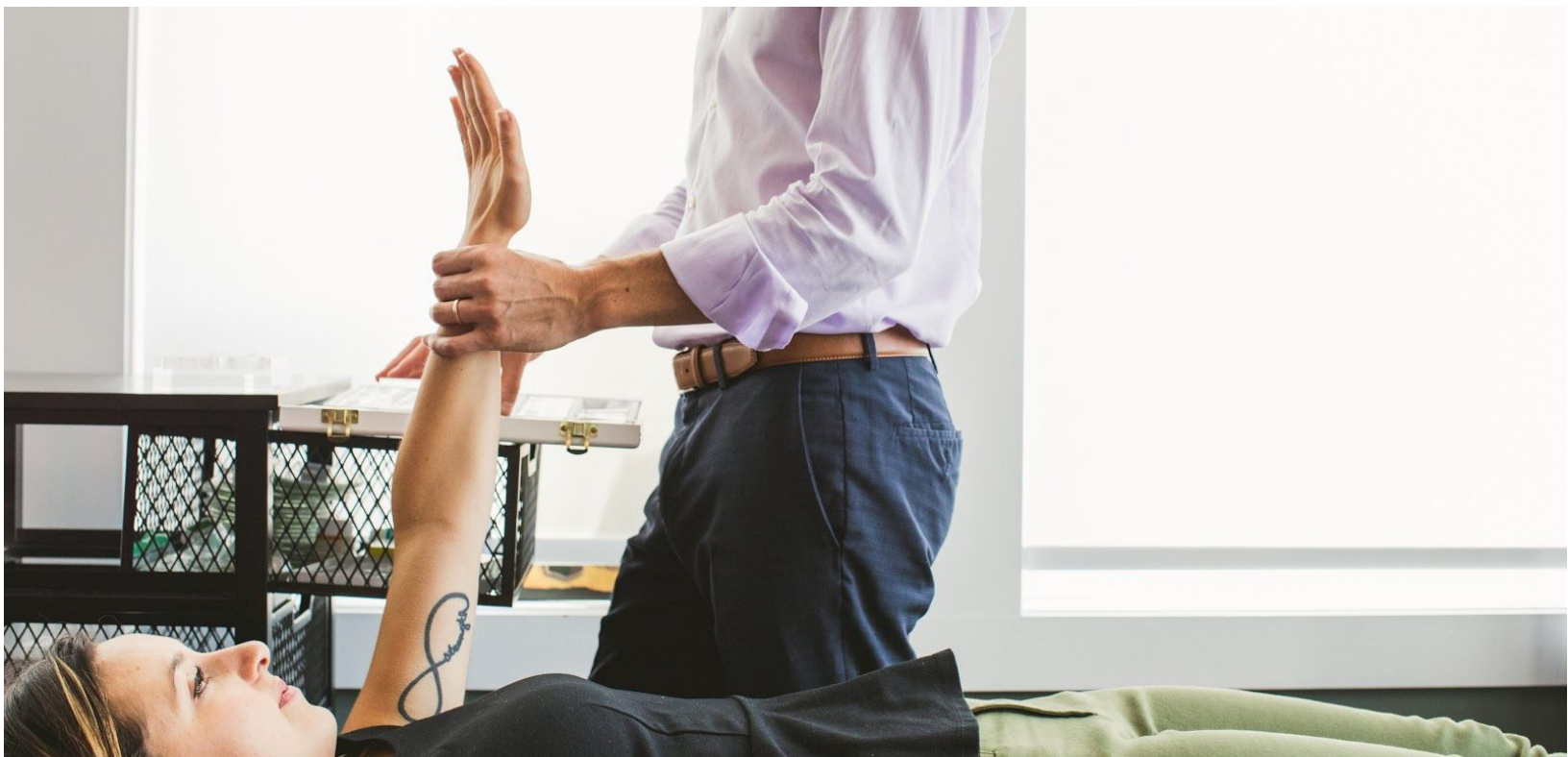


 **INTEGRATIVE  
WELLNESS GROUP**  
A SOLUTION TO GET WELL AND STAY WELL

**PHYSICAL MEDICINE  
ONBOARDING**



**LEAD PHYSICIANS:**

DR. PHIL PRITTING

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## WELCOME TO IWG

*At IWG, we believe that there is a cause for every effect which means there is an answer to your array of symptoms. Most importantly, there is a solution to your cause which will allow you to heal and have the knowledge to prevent it from arising in the future.*

*Fundamentally, we believe that no matter what your health challenges are, you have the power to be the key player in your health destiny, by doing so, you'll change your life.*

*IWG was founded on nothing more than passion, perseverance, a laptop, and a vision. Dr. Nick and Dr. Nicole are proud to have created a wellness center that is on the cutting edge of healthcare that transforms the lives of thousands.*

*Through our cutting edge integrative wellness facility, revolutionary physician training programs, and a condition specific cookbook series, we help people like you uncover their mystery symptoms and find the solutions to get well and stay well. **IWG aims to set the standard of how healthcare is being done.***

## THE ONBOARDING PROCESS

The appointments are completed over 2-3 office visits. Depending on location, we will coordinate the visits to minimize travel time. Immersion Weeks are available for people over 3 hours away which allows for testing and treatment to be done over the course of 1 week. If you are interested in an immersion week, please contact the office.

**90 Minute Initial Consultation and Exam** - The IWG Functional Medicine Team will spend an hour with you to listen carefully to your health history, your symptoms, dietary habits, medications, supplements, and sleep patterns. We will perform diagnostic testing on the day of the consultation including a Bioresonance Scan. The doctor will incorporate a physical exam including soundwave therapy on any areas appropriate or Craniosacral Therapy on appropriate areas based on the doctor's findings).

**In-House Testing and Lab testing:** IWG performs advanced testing in order to direct us on the best protocols for your health. We collaborate traditional biochemical testing such as on-site blood work, stool analysis, heavy metal testing, in conjunction with with biophysics testing such as Autonomic Response Testing and Bioresonance Testing. This helps to bridge the gap between American medicine and European medicine to uncover the true root of your symptoms.

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- Blood Work and/or Imaging - Blood will be completed by your in-network lab. (Quest or Labcorp). Imaging will be completed at an Imaging Center that accepts your insurance. If you do not have insurance, we will provide you with discounted cash options.
  - 30 Min. Autonomic Response Testing - Autonomic Response Testing (ART) is a biofeedback enhanced physical exam which uses changes in muscle tone as primary indicator for supplements, minerals, and even beneficial therapies . It was developed by Dietrich Klinghardt, MD, PhD. ART is a comprehensive diagnostic system that has helps to find hidden infections in joints and also dictate the best route of treatment for the patient.
  - 30 Minute Sound Wave Therapy - Based on a high level of evidence, Richard Wolf GmbH has specifically designed Piezo therapy sources to generate low energy/low pressure Sound Wave applications for the treatment of myofascial and musculoskeletal pain.
  - 30 Minute Bioresonance - To evaluate the body for pathology, allergens, and infections. Upon establishing dysfunction, the technology has the ability to administer meta therapies to repair the tissue.

**90 Minute Report of Findings** which discusses Lab Findings, Dietary Changes, Supplement Protocols, Food Allergies, Lifestyle Changes, Treatment Protocols. **This visit also includes your first adjustment, muscle work, and soundwave therapy OR craniosacral therapy.**

## OUR PROMISE

We aim to use our in-house advanced testing to get your answers fast and at a fraction of the cost of using independent labs, which can easily cost \$3000-\$5000. At IWG, we have structured our practice to allow you to have a smaller investment up front and then allocate your financial resources for treatment.

Our commitment at IWG is to bring you the very best of what we are living and learning, and to keep it honest and scientific. That being said, please don't expect another opinion-based style of medicine but do expect honesty, specificity, and an unwavering devotion to help you live your most vibrant and meaningful life.